

Time to Think Community of Practice

The Thinking Environment approach can form a very powerful intervention in the NHS. The 10 components encapsulate the essence of true compassionate leadership, and yet is so much more.

The way that we focus our attention is an act of productivity itself, helping us to think better. The focus on encouragement and appreciation helps us to set the conditions to thrive. The focus on inclusion helps us to unlock the ideas and potential of all voices, creating better innovation. The focus on critical thinking and identification of assumptions that impede our progress, also helps to make us more productive and in flow.

The tools of 'thinking pairs' and 'rounds' helps us to run meetings and interventions with others more effectively, creating a place that enables our best thinking.

This approach called the thinking environment has the potential to make a huge difference in the NHS. We would love to work with others to make that happen.

We are looking for likeminded individuals who are trained time to think practitioners and coaches, or passionate about using the thinking environment, to join us to create a Community of Practice within the NHS with the aim of;

- Creating a space to come together regularly to think in pairs
- Practice our skills
- Share what works and how you are using time to think at work
- Deepen our understanding of the thinking environment
- Help to grow the spread of a thinking environment across the NHS

If you would be interested in becoming part of this Community of Practice, we would love to hear from you. Please contact Beth Hill – <u>beth.hill5@nhs.net</u>